# **OUTREACH & SOCIAL RELIEF PROGRAMME**

Reaching out to vulnerable children and adults by providing a basic meal is very important to MES. Relationship with the homeless community assists MES in:

- Being aware of the client's needs
- Addressing a basic need in the form of a meal
- Information sharing that impact the client's decision making

## **OUR SERVICES**

- Food distribution at Red Locations 2 x per week
- Food distribution at North end 1 x per week
- Food distribution at Provincial Hospital in cooperation with NMMU Law Faculty (1 x per week)
- Praver Support
- Referrals to MES
- Social relief to clients in dire need

### CONTACT

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## **The Story of Charla**

My name is Charla and I want to tell you how MES changed my life. My first born was removed to a Place of Safety in 2013 whilst I was expecting my second child. I was at the end of the road. Both the fathers of the children whereabouts were unknown and my only income was a Child Support Grant for Weslie before he was taken away from me.

MES was willing to take me in. I signed a contract to work with a mentor to teach me basic parental skills. It wasn't easy. The new baby cried a lot and he wasn't healthy, but I persevered as the Social Worker told me I can do it.

Two months after I had Dwuane, Weslie – my first born – started to visit me. He didn't recognise me at first but it got better. After some time the team and I decided that Weslie should come and stay with me as well. I cried the whole day I was so happy. It was really hard with the two boys especially at night when they were both crying and everybody shouted at me to make them stop.

MES sent me for training on how to care for my children and how to stimulate them. I became quite good and once I got Child Support money again for both the children the Social Worker advised that I send Weslie to a crèche every day. He loved it and learned a lot.

I met a wonderful man who loves my children. His mother lives with him and she is like a mother to me. My own mother told me to give my children away and start a new life. I am so glad I did not listen to her.

I left MES to start a new life with this man. Weslie is still going to crèche. The Social Worker visits me often and I visit MES often.

If it was not for MES who taught me the skills to handle my children, how to work with money and how to make choices in life I don't know what would have happen to me. MES will always be my home. I am so thankful to MES.

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